8 March 2020 • Second Sunday of Lent, II Domingo de Cuaresma

learning to see in the Light of Christ

Parish Clergy
Rev. Matthew H. Zuberbueler
Pastor
Rev. Anthony Killian
Parochial Vicar
Rev. Alan Ventura
Parochial Vicar
Rev. Anthony Appiah
Rev. J. Eugenio Hoyos
Spanish Apostolate
Deacon Mario Mendoza

St. Anthony of Padua School Office
Nora Buçaj, Principal
703-820-7450

Mass | Misa
Monday -Friday 7:00 am, 12 noon, 7:00 pm
Thursday 7:00 pm (Español)
Saturday 8:30 am, 4:30 pm, 6:00 pm (Español)
Sunday 8:30 am, 11:00 am, 1:00 pm (Español), 3:30 pm (Español), 5:30 pm

Confessions | Confesiones
Wednesday 7:30 pm to 8:00 pm
Friday 7:30 pm to 8:20 pm
Saturday 9:00 am until the line ends, 3:30 pm to 4:30 pm, 7:00 pm until the line ends
Sunday 2:15 pm to 3:00 pm

Parish Staff
Virginia Mullin
Nurse Ministry Coordinator, ext. 116
Elaine Ventura
Business Manager, ext. 123
Ubaldo Cisneros
Social Justice Ministry, ext. 137
Andre Toussaint
Director of Music, 860-716-8068
James Armstrong
Director of Youth Ministry, ext. 111
Blanca Portillo
Director of Religious Education ext. 136
Ed Andercheck
Director of Advancement & Development, ext. 108
**Mass Schedule/ Horario de Misas**

**Monday, March 9**  
7:00 am  
† John Salazer  
12:00 pm  
† Joe Horrigan  
7:00 am  
In Thanksgiving  

**Tuesday, March 10**  
7:00 am  
† Gil Pangilinan  
12:00 pm  
† Feliza Cardozo  
7:00 am  
† Diane Calveric  

**Wednesday, March 11**  
7:00 am  
Nathalie Diaz  
12:00 pm  
† Carmen de Ortegon  
7:00 pm  
† Francisco Varona  

**Thursday, March 12**  
7:00 am  
Paula de Jesus  
8:30 am  
School Mass  
12:00 pm  
Reynaldo Calleja  
7:00 pm  
Mirtha Saldana  

**Friday, March 13**  
7:00 am  
Lucas Melendez  
12:00 pm  
Adeline M. McNeil  
7:00 pm (Español)  
Maria Cristina Andrade  

**Saturday, March 14**  
8:30 am  
Evangeline Batol  
4:30 pm  
Olga Batoryova  
6:00 pm (Español)  
† Maria Cristina Andrade  

**Sunday, March 15**  
8:30 am  
Wilda and Ladi Gazik  
11:00 am  
Michael Monnelly  
1:00 pm (Español)  
† Ofelia Sabalu  
3:30 pm (Español)  
† Fermina Mejia  
5:30 pm  
† Francis O’Malley  

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**Exposition and Adoration/Adoración y Eucarística**

Spend time with our Lord in Eucharistic Adoration on the following days/ 
**Venga a la Exposición y Adoración Eucarística los siguientes días de la semana:**

- **Wednesdays**/Miércoles: 7:30 am-6:45 pm  
- **Fridays**/Viernes: 7:30-8:30 pm  

Would you like to commit to 1 hour a week on Wednesdays to be with the Blessed Sacrament? Pick up a registration form for the Adoration Society in the back of the church or on the parish website.

¿Le gustaría comprometerse 1 hora semanalmente los días miércoles para estar con el Santísimo Sacramento? Si está interesado, puede recoger un formulario de inscripción en la librería ubicada en la parte posterior de la Iglesia o en el sitio web de la parroquia.

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**Mass Intention**  
† John Salazer  
† Joe Horrigan  
In Thanksgiving

**Daily Mass Intention**  
† Wilda and Ladi Gazik  
† Michael Monnelly  
† Ofelia Sabalu  
† Fermina Mejia  
† Francis O’Malley  
† John Salazer  
† Joe Horrigan  
In Thanksgiving

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**Los católicos en China**

Recemos para que la Iglesia en China persever se en la fidelidad al Evangelio y crezca en unidad.

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**On-Going Parish Activities**

**Prayer:**
- **Marrian Movement of Priests Cenacle:** Monday: 12:45 pm, Room 10  
- **Our Lady of Perpetual Help Novena:** Wednesday: 6:30 pm  
- **El Shaddai Prayer Group:** Sunday: 9:30 am, Cafeteria  
- **Jesus My Friend Prayer Group:** Sunday: 2:00 pm, Room 126  

**Bible Study:**
- **Men’s Bible Study:** Monday: 7:30-9:00 pm, Room 9  
- **Women’s Bible Study:** Wednesday: 7:30-9:00 pm, Room 116  
- **Walking with Purpose:** Thursday: 7:15-8:45 pm, Room 126  
- **Daytime Bible Study:** Tuesday: 12:30-2:00 pm, Room 9

**Ongoing Meetings**
- **Young Adults Group (Single/Married and 20s & 30s):** 1st & 3rd Thursdays of each month: 7:30-8:30 pm, Room 4  
- **Church Choir Practice:** Wednesday: 7:45 pm  
- **Religious Education Classes/ Catequesis:**  
  - **Grades/Grados PreK-7**: English (Bilingual/Bilingüe):  
    - Wednesday/miércoles: 5:30-6:45 pm  
    - **Grades/Grados 8-12**:  
      - Monday/lunes: 7:00-8:15 pm  
      - **Sunday/domingo:** 6:40-8:00 pm

**Social Ministry:**
- **Senior Luncheon:** First Friday of the month after the noon Mass, Room 4  
- **Blood Pressure Screening:** Second Sunday of the month: 12:00-4:00 pm, Room 9  
- **Food Pantry:** Monday and Wednesday: 10:00 am-2:00 pm  
- **Free Legal Clinic:** Saturdays: 9:00-1:00 am, Parish Office  
- **English (ESL) Classes:**  
  - **Grades/Grados PreK-7**:  
    - Thursday/sabados: 9:00-11:00 am, Oficina de los servicios legales (gratuita)  
    - **Grades/Grados 8-12**:  
      - Friday/ viernes: 9:00-11:00 am, Oficina de la parroquia

**English (ESL) Classes:**  
- **Classes/Clases:** Tuesdays and Thursdays: 7:00-9:00 pm, at the school.  
- **First Friday of the month after the noon Mass:** Room 4  
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- **Third Sunday of the month:** 10:00 am-2:00 pm  
- **Fourth Sunday of the month:** 9:00-1:00 am, Parish Office  
- **Third Saturday of the month:** 9:00-11:00 am, Oficina de los servicios legales (gratuita)

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**Pope Francis’ Monthly Intention/ Intención mensual del Papa Francisco**

**Catholics in China**

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

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Follow us on:  
- Facebook: @stanthonyofpaduava  
- Instagram: @stanthonyofpaduva

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Dear Friends,

As we approach the celebration of 50 years to the day since this church was dedicated by Bishop John Russell of Richmond (March 21, 1970), I have been trying to put myself in the shoes of the parishioners on that day. It must have been very exciting to enter the new church for the first time—it must have seemed enormous! At that time they were celebrating Mass in the school building, before that in a Culmore storefront building. Our church is very big but it also has an inviting and prayerful feel to it. People regularly remark about the calming effect they experience here. Of course, the real source of prayer, peace and calm is Jesus and, most of all, we celebrate His Presence here.

When the people first saw the bright sun shine through the very tall and brightly colored stained glass windows they were, undoubtedly, impressed. Our windows say a lot about the faith of the people who designed them and about the times in which they were made. We are preparing a new version of a previously printed description of the many meanings conveyed by the windows.

This Sunday, when we hear and meditate on the mystery of Jesus’ Transfiguration, I thought I should point out to you that one of our windows, number 23 to be exact, holds an image of the Transfiguration. Number 23 is called the “The Passion and Lent” window. In Lent we always hear about the Transfiguration early in the penitential season, to shore up our faith and confidence before we face the Cross. Jesus permitted His Glory to shine forth for a short time so His Apostles might find courage to turn with Him toward Calvary.

Facing the back of the church (toward the entrance) on the far right you will find Window 23. At the top you can see various reds and golds in a cross-like shape. There is an IHS monogram in the center of the lighted cross where we see the names of Moses and Elias (Elijah). Beneath this image of the Transfiguration we see twelve cups which convey Holy Thursday’s liturgy, the Last Supper.

Jesus’ glory was too bright for the Apostles to understand entirely. Similarly, the sun shining through our windows can enhance our grasp of the great mysteries of our Faith, but not in such a way that we understand everything fully. May our constant efforts to grow closer to Jesus find us eager to love Him more, even in the mysterious ways He comes to us.

With my prayers,

Fr. Matthew Zuberbueler
Pastor

Queridos amigos,

A medida que nos acercamos a la celebración de los 50 años del día en que esta iglesia fue consagrada por el Obispo John Russell de Richmond (el 21 de marzo de 1970), he tratado de ponernos en el lugar de los feligreses en aquel momento. Debe haber sido muy emocionante entrar a la nueva iglesia por primera vez - ¿debe haber parecido enorme! En ese entonces, celebraban la Santa Misa en el edificio de la escuela, antes de eso frente a un edificio de una tienda en Culmore. Nuestra iglesia es muy grande pero también tiene un ambiente acogedor y de oración. Regularmente, la gente comenta sobre el efecto relajante que experimentan aquí. Por supuesto, la verdadera fuente de oración, paz y calma es Jesús y, sobre todo, aquí celebramos la presencia de Él.

Cuando la gente vio por primera vez el sol brillante que penetra a través de los vitrales muy altos y de colores resplandecientes, sin duda quedaron impresionados. Nuestros vitrales dicen mucho sobre la fe de las personas que las diseñaron y sobre los tiempos en que éstas fueron hechas. Estamos preparando una nueva versión de la descripción previamente impreesa sobre los muchos significados transmitidos a través de los vitrales.

Este domingo, cuando escuchamos y meditamos sobre el misterio de la Transfiguración de Jesús, pensé que debería señalarles que una de nuestros vitrales, el número 23 para ser exactos, tiene una imagen de la Transfiguración. El número 23 se llama el vitral de “La Pasión y la Cuaresma”. En la Cuaresma siempre escuchamos sobre la Transfiguración al comienzo de la temporada penitencial, para afirmar nuestra fe y confianza antes de enfrentar la Cruz. Jesús permitió que Su Gloria brillara por un corto tiempo para que Sus Apóstoles pudieran encontrar coraje para volverse a Él hacia el Calvario.

Viendo hacia la parte posterior de la iglesia (hacia la entrada) en el extremo derecho está el vitral 23. En la parte superior de ella se pueden observar varios colores rojos y dorados en forma de cruz. Hay un monograma IHS en el centro de la cruz iluminada, en donde vemos los nombres de Moisés y Élias. Debajo de esta imagen de la Transfiguración vemos doce cálices que transmiten la liturgia del Jueves Santo, la Última Cena.

La Gloria de Jesús era demasiado resplandeciente para que los Apóstoles la entendieran en su totalidad. Del mismo modo, el sol que brilla a través de nuestros vitrales puede aumentar nuestra comprensión de los grandes misterios de nuestra fe, pero no de una forma en que comprendamos todo. Que nuestros constantes esfuerzos por acercarnos a Jesús nos encuentren ansiosos por amarlo más, incluso en las formas misteriosas en que Él llega a nosotros.

Con mis oraciones,

Padre Matthew Zuberbueler
Párroco
40 Days for Life
From February 26-April 5, our community will take part in 40 Days for Life, a groundbreaking, coordinated international mobilization. Join us every Thursday from 7:00 am-7:00 pm for an hour, for a prayer vigil, at the Falls Church Abortion Facility located at: 900 S. Washington St., Falls Church, VA, 22046. For more information or to sign-up, please visit https://40daysforlife.com/local-campaigns/falls-church/.

Simple Suppers During Lent
The Knights of Columbus cordially invite you to Friday Nights during Lent. Simple Suppers from 7:00-9:00 pm in the School Cafeteria, with “meatless” soups and breads. All are welcome! Please bring your friends and families. Free for everyone! Meatless food contributions are accepted.

50th Anniversary Celebration
Our 50th anniversary of the dedication of the church is only three weeks away. Both 11:00 am Masses on March 21 and March 22 will be followed by receptions in the school gym. In order to host both receptions, we are asking for your support in the way of appetizers, finger foods, cookies, etc. Volunteers are also needed to help host the receptions on Saturday and Sunday. Email Stephanie Dannemiller, sdannemiller@stanthonyschoolva.org or stop by the parish office to volunteer or if you have any questions.

Prudence During These Times of Risk
Because of the higher than usual risks of catching or spreading communicable illnesses, and because of heightened fears, we make these recommendations and changes based on advice from our Diocesan office of risk management:

- Employees exhibiting symptoms of a communicable disease should remain at home, stay away from work, and avoid others for the duration of the illness and for 24 hours after symptoms abate.
- Parishioners with known symptoms of influenza should refrain from attending Mass and other parish activities for the duration of their illness and up to 24 hours after symptoms abate.
- We will temporarily suspend Holy Communion from the chalice at the Masses where it has been offered. At the Sign of Peace during Mass parishioners are welcome to convey their greeting of peace by a simple bow toward each other if they prefer not to shake hands.
Dear St. Anthony Families,

Last week as we began the Lenten season, it was wonderful to see our preschoolers participate in receiving ashes and learning about the Stations of the Cross. They made drawings of each Station as well as beautiful purple crosses.

Thank you for the support of our preschool! We are expanding and able to accept even more new children!

We could also use more help and talents in the following areas:
- Speaker for Career Day on April 1, in the morning
- After school tutoring
- Substitute teaching

If you are able to help, please email me, nbucaj@stanthonyschoolva.org.

On Thursday, April 2, 5:30-7:00 pm, we will have an open house showcasing the brand new expansion of our preschool. We are so pleased to be able to offer our young children a jump start on a life of learning and successful decision making with our wonderful and dedicated preschool faculty.

Jesus said, “Let the children come to me, and do not prevent them; for the kingdom of heaven belongs to such as these.” Mt.19:14

We hope many new families will come and see how their children’s lives can prosper with a Catholic Education. Thanks to the Spirit of St. Anthony Scholarship Fund, tuition assistance is available.

With my thanks and prayers,

Nora Buçaj
Principal
Parish and Community News

Stations of the Cross
Please join us for the Stations of the Cross every Friday, following the 7:00 pm Mass during Lent. Confessions will still be held at 7:30 pm.

Women’s Bible Study
Come join the Women’s Bible Study Group as we explore the Scriptures that illuminate the mysteries of the rosary. The 5-week course, Scripture & the Rosary, will meet Wednesdays from 7:30-9:00 pm in Room 116 in the school, beginning March 25-May 13. The course fee is $20. Contact Paulette Grandmont at 703-624-0606 or via email at paulette.gl234@yahoo.com to register by March 13.

Al Anon
Al-Anon Family Group: "Cross Roads English Al-Anon at St. Anthony" meet on Tuesday nights at 7:45 pm in room 116 in the school. Al-Anon members share their experience, strength, and hope at anonymous group meetings that are held each week. If your life has been affected by someone else's drinking, you are welcome in Al-Anon. Newcomers are always welcome.

The Shroud of Turin Talk and Replica
Don’t miss this great opportunity to experience the Passion, Death and Resurrection of Jesus Christ in a way that can make this an unforgettable event in your life. This event will be at Our Lady of Lourdes Catholic Church in Arlington on March 15 at 6:00 pm.

Considered one of the greatest mysteries of our time, the Shroud of Turin continues to amaze and baffle scientists, doctors, historians, artists and theologians. Scientists cannot explain the source of the image which contains photographic and 3-D properties on a cloth centuries old. But is this the actual burial cloth of Jesus Christ?

Bill Wingard, a speaker for the Shroud, will present the case for authenticity that has already been delivered on the east and west coasts including M.I.T., and you can be the judge. Come see a full size replica of the Shroud and the photographic negative images that sparked an explosion of scientific interest and debate over a century ago which continues to today. What message does the Shroud have for each of us?

Food Pantry-Help Us Serve Our Community!
According to one of the main St. Anthony Food Pantry volunteers, Simon De Groot, every month our St. Anthony Food Pantry answers our Savior’s call by providing food basics that most of us take for granted to over 1,000 families in need. Every day, those families face problems most of us will never know and through God’s grace and your generosity, we are making a real and fundamental difference in their lives.”

“If you love me, feed my sheep.” John 21:15-17 Our Food Pantry is in need of your help to handle the growing number of families we serve on Mondays and Wednesdays. Just a few hours a month makes a big difference, either helping to stage the food for distribution, checking in Food Pantry clients into our database, or distributing the food to those who come to our pantry. If you have any time available, please consider joining us. Contact Alba Luz Garcia 571-344-3455 or Bob Reny, reny@verizon.net or 703-642-5536.

Eucharistic Ministers needed for Manor Care
Volunteers are still needed to participate in St. Anthony’s Manor Care Ministry each Wednesday from 2:00-4:00 pm. The weekly commitment includes preparation for the celebration of the Mass or Eucharistic Service, assisting residents to attend the Services, and visiting and distributing the Holy Eucharist to the residents who are confined to their rooms. If interested, please contact Helena Criste at helena@verizon.net or 571-232-6505.

Join FORMED.ORG
Our parish has a subscription to www.formed.org. Choose SIGNUP and then “I Belong to a Parish or Organization”. Our parish code is: ZQNNQ2.

Daily Readings / Lecturas Diarias


FR: First Reading/Primera Lectura
RP: Responsorial Psalm/Salmo Responsorial
G: Gospel/Evangelio

Announcements for the weekly Sunday Bulletin are due by 3:00 pm on Thursday, 10 days before the Sunday of publication. Email bulletin@stanthonyparish.org. Pulpit announcements should also be sent to the bulletin email address as well. Due dates will be earlier for holidays.
INSTRUCTIONS:
1. Begin with the Sign of the Cross.
3. Pray the first 3 decades of the Rosary (optional).
4. Pray the Meditation of the Week.
5. Pray the last 2 decades of the Rosary (optional).
6. Pray the Prayer to Mary, Undoer of Knots.
7. End with the Sign of the Cross.

MEDITATION FOR THE FOURTH WEEK
Dearest Holy Mother, you are generous with all who seek you, have mercy on me. I entrust into your hands this knot which robs the peace of my heart, paralyzes my soul and keeps me from going to my Lord and serving Him with my life. Undo this knot in my ability to love:

[Mention your request here],

O Mother, and ask Jesus to heal my paralytic faith, which gets downhearted with the stones on the road. Along with you, dearest Mother, may I see these stones as friends. Not murmuring against them anymore but giving endless thanks for them, may I smile trustingly in your power.

Mary, Undoer of Knots, pray for me.

PRAYER TO MARY, UNDOER OF KNOTS
Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life. You know very well how desperate I am, my pain, and how I am bound by these knots. Mary, Mother to whom God entrusted the undoing of the knots in the lives of his children, I entrust into your hands the ribbon of my life. No one, not even the Evil One himself, can take it away from your precious care. In your hands there is no knot that cannot be undone. Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take this knot in your hands today this knot: [Mention your request here] I beg you to undo it for the glory of God, once for all. You are my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my hope. O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my hope.

Hear my plea. Keep me, guide me, protect me, o safe refuge!

[mention your petition]

Oh Madre mia, pide a Jesús que sane mi fe que se encuentra paralizada y tropieza en las piedras del camino. Camina conmigo, amada Madre Mia, para que pueda ver estas piedras como amigas. Que deje de murmurar contra ellas y aprenda a dar gracias, a sonreír en cada momento, porque tengo confianza en tu poder.

Nuestra Señora Desatanudos, ruega por mí.

INSTRUCCIONES:
1. Hacer la señal de la Cruz
2. Acto de Contrición
3. Rezar las tres primeras decenas del rosario
4. Oración (meditación) de la semana
5. Rezar las dos últimas decenas del rosario
6. Oración a María, Desatanudos
7. Terminar con la Señal de la Cruz

MEDITACION PARA LA CUARTA SEMANA
Queridísima Madre Santa, que eres misericordiosa con toda persona que acude a ti, ten misericordia de mí. En tus manos confío este nudo que me roba la paz de mi corazón, parálisis de mi alma y no me permite acercarme a nuestro Señor y servirle con mi vida. Desata este nudo que no me permite amar:

[menziona tu petición]

Virgen María, Madre del Bello Amor, Madre que nunca ha abandonado a uno de sus hijos que implora por tu ayuda. Madre cuyas manos trabajan sin tregua por sus hijos tantos amados, porque son empujadas del amor divino, y de la infinita misericordia que sale de tu corazón. Vuelve hacia mi tu mirada llena de compasión. Mira el cúmulo de “nudos” en mi vida. Conoces mi desesperación y mi dolor. Sabes cuánto me paralizan estos nudos María, Madre encargada de Dios, de desatar los “nudos” de la vida de sus hijos, pongo nuevamente la cinta de mi vida en tus manos. En tus divinas manos no hay “nudo” que no pueda ser desatado. Madre Omnipotente, con la gracia y Tu poder de intercesión con tu hijo Jesús, mi salvador, Recibe hoy este “nudo” (nombrarlo si es posible) por la Gloria de Dios te pido desatarlo, y desatarlo para siempre. Espero en Ti. Eres el único consuelo que Dios me ha dado. Eres la fortaleza de mis fuerzas precarias, la riqueza de mis miserias, la liberación de todo lo que me impide de estar con Cristo. Acoge mi llamada. Presérvame, guíame, protégeme, se mi refugio. María que desata los nudos, ruega por mí.

A correction in the second paragraph of the Novena brochure (POPE FRANCIS & OUR LADY section):
“Through your grace, your intercession, and your example, deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters.”
**FORMED “Formado”**

**Estaciones de la Cruz**
Por favor acompañanos al Viacrucis cada viernes, después de la Misa en inglés a las 7:00 pm durante la Cuaresma. Habrá confesiones a las 7:30 pm.

**Ministros de la Eucaristía-necesitamos Voluntarios**
Se necesitan voluntarios para participar en el Ministerio de San Antonio de Manor Care, los miércoles de 2:00 a 4:00 pm. El compromiso semanal incluye la preparación para la celebración de la Santa Misa o el Servicio Eucarístico, ayudar a los residentes a asistir a los Servicios, así como visitar y distribuir la Santa Eucaristía a los residentes que están restringidos en sus habitaciones. Si está interesado, por favor llame a Helena al 571-232-6505.

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**Los anuncios para el boletín**
Los anuncios para el boletín dominical semanal deben presentarse antes de las 3:00 pm del jueves, 10 días antes del domingo de publicación. Correo electrónico [bulletin@stanthonyparish.org](mailto:bulletin@stanthonyparish.org), Este plazo establecido será más temprano durante las vacaciones.
DMV Law Center & Associates
Locations:
Baltimore, MD Office: 301-526-5207
Oficina de Virginia: 703-533-0980  Se Habla Español
www.DMVLawCenter.com

Chung tôi có nhân viên nói tiếng Việt Nam
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